



SCREEN CARE ROUTINE

Skin Care Routines by Your Skin Type





ACNE-PRONE SKIN

Skin Care Routines for Your Skin's Concern





MORNING ROUTINE

Morning routine for acne control

1

Cleanse

Dermaclenz Liquid Cleanser or Borage Leaf Foaming Cleanser

Start with a cleanser that means business without being brutal about it. Dermaclenz delivers a deep, clarifying cleanse with Willow Bark, Meadowsweet, and energizing citrus oils that lift excess oil and impurities while calming inflammation. If your acne-prone skin also runs sensitive or reactive, the Borage Leaf Foaming Cleanser is the gentler pick — still clarifying, still effective, never stripping.

2

Tone

Herbal Blend Astringent

This is the step that makes the difference between just cleansing and actually rebalancing. Sweep it across the face with a flat cotton pad — Willow Bark exfoliates, Sage purifies excess oil, Coltsfoot detoxifies, and Aloe soothes so the whole thing stays calm and comfortable. No alcohol, no dryness, no sting. Just clearer-looking skin after every single use.

3

Treatment

Blemish Control (spot application)

Before you apply anything else, hit active blemishes directly with this fast-absorbing Salicylic Acid spot solution. Let it fully absorb before layering — it works best when it has direct contact with the breakout. Morning and night, every time something shows up uninvited.

4

Serum

Glycolic Renewal Gel

Apply a thin layer over the face and neck after your spot treatment absorbs. This lightweight pink gel with 6% Glycolic Acid resurfaces, clarifies congested pores, reduces the appearance of acne scarring, and keeps oil in check — all without clogging a single pore. It's the daily resurfacing step that prevents the next breakout before it starts.

5

Hydration

Microbiome Balancing Treatment

Acne-prone skin still needs hydration — it just needs the right kind. This probiotic-powered gel-cream balances the skin's microbiome, regulates oil production, calms inflammation, and hydrates with Triple Ceramides, Niacinamide, and Hyaluronic Acid. It's the step that breaks the cycle of breakout-dryness-breakout that so many acne routines create.

6

Moisturize

Sage & Citrus Moisturizer

Lightweight, non-greasy, and specifically brilliant for oily and blemish-prone skin. Sage purifies and balances, Watercress provides natural antibacterial benefits, and Vitamins A, C, and E protect and brighten — all in a formula that absorbs completely and never feels like it's sitting on top of your skin.

7

Eye

Refreshing Anti-Puff Eye Gel or Smooth Focus Eye Perfector

Keep it light around the eye area — nothing heavy or occlusive. The Refreshing Anti-Puff Eye Gel delivers cooling, de-puffing results with a completely weightless feel. The Smooth Focus Eye Perfector blurs, hydrates, and primes beautifully under concealer without migrating into breakout-prone areas.

8

SPF (Non-Negotiable)

Mineral Tinted SPF 30 or Advanced Protection SPF 30

Both are non-comedogenic and safe for acne-prone skin. The Mineral Tinted SPF 30 evens tone and blurs imperfections — especially helpful when you're dealing with post-acne marks and redness. The Advanced Protection SPF 30 is the clear, fragrance-free option for those who prefer a completely invisible finish. Skipping SPF when you're actively treating breakouts and using exfoliating acids is one of the biggest mistakes acne-prone skin can make — the sun makes every mark and scar darker and harder to fade.



EVENING ROUTINE

Evening routine for acne control



1

Cleanse

Dermaclenz Liquid Cleanser or AHA/BHA Exfoliating Cleanser

At night, your skin needs a thorough cleanse to remove SPF, makeup, oil, and the day's buildup. Dermaclenz handles this beautifully for oily and congested skin. If your skin can tolerate a more active cleanse, the AHA/BHA Exfoliating Cleanser with Glycolic, Lactic, and Salicylic Acids plus biodegradable jojoba beads gives you a head start on the exfoliation your acne-prone skin needs — right at the cleanse step.

Note: Don't use both the AHA/BHA Exfoliating Cleanser and the Glycolic Renewal Gel or Rapid AHA Renewing Serum in the same routine — that's too much acid at once. Pick one exfoliating step per evening.

2

Tone

Herbal Blend Astringent or Ocean Mist Toner

The Herbal Blend Astringent is your go-to for oil control and pore refinement at night. On evenings when you want to add an extra resurfacing layer, the Ocean Mist Toner with its AHA blend — Glycolic, Lactic, Malic, and Tartaric Acids — decongests and brightens post-acne marks beautifully. Alternate between the two based on what your skin needs that night.

3

Spot Treatment

Blemish Control

Apply directly to any active blemishes before layering anything on top. Let it absorb completely. This is the non-negotiable step — every evening, wherever a blemish exists.

4

Exfoliating Treatment

(Choose one — rotate based on tolerance)

- Rapid AHA Renewing Serum — An 8% AHA multi-fruit acid blend plus encapsulated Azelaic Acid that resurfaces, decongests, and brightens post-acne marks without stripping. The workhorse for acne-prone skin on most evenings.
- Glycolic Renewal Gel — 6% Glycolic Acid with Hyaluronic Acid and Green Tea for evenings when you want resurfacing with a more hydrating feel.
- Retinol Night Crème — 2-3 nights per week once your skin is ready for it. Encapsulated Retinol supports cell turnover, reduces acne scarring, and helps prevent future breakouts — with far less irritation than traditional retinoids.

Rotate these across the week rather than stacking them. Acne-prone skin benefits enormously from consistent exfoliation — just not all at once.

5

Hydration

4D+ Hyaluronic Serum

Apply to slightly damp skin after your treatment step absorbs. This is especially important when you're using exfoliating acids and retinol — your skin needs hydration replenishment to stay balanced and avoid the overproduction of oil that dehydration triggers. Four molecular weights of Hyaluronic Acid plus Arctic Tree Extract calm any post-acid sensitivity beautifully.





EVENING ROUTINE CON'T

Evening routine for acne control



6

Treatment Moisturizer Microbiome Balancing Treatment

At night, this probiotic gel-cream goes deeper. It rebalances the microbiome while you sleep, reduces the inflammation that drives breakouts, regulates oil, and strengthens the barrier so skin wakes up calmer and more resilient. It's lightweight enough to wear comfortably at night without feeling heavy or occlusive.

7

Eye Repair & Reboot Night Eye Crème

Light, targeted, and stays exactly where you put it. Peptides, Hesperidin Methyl Chalcone, Red Marine Algae, and Chamomile work overnight to firm, de-puff, and reduce dark circles — without any heaviness that could migrate toward breakout-prone zones.

8

Seal Strategically Barrier Recovery Salve (targeted use only)

For acne-prone skin, full-face slugging isn't the move — but targeted barrier repair absolutely is. If you have a healing blemish, a dry patch from over-exfoliation, or post-treatment sensitivity in a specific area, apply a tiny amount of the Barrier Recovery Salve directly to that spot only as the final step. It accelerates healing without clogging surrounding pores.

WEEKLY ADDITIONS

Keep acne-prone skin performing its best with these targeted weekly treatments:

1-2x Per Week — Clarifying Masque Clarifying Camphor Masque

This is the weekly reset acne-prone skin needs. Bentonite Clay draws out impurities and absorbs excess oil, Colloidal Sulfur purifies and fights bacteria, and Camphor cools and calms visible inflammation. Use it as a full-face treatment or apply directly to active breakouts as an overnight spot masque. This one does the deep work your daily routine can't.

1x Per Week — Brightening Masque AHA Mint Masque

Once a week in place of the Clarifying Camphor Masque, swap in the AHA Mint Masque to address the post-acne marks and uneven texture that breakouts leave behind. The AHA blend resurfaces and brightens while Bentonite Clay still manages oil — so you're clearing and correcting in the same step.

2-3x Per Week — Exfoliation Papaya Crème Enzyme Polish

Gentle enough for acne-prone skin and effective enough to make a real difference. Active Papain enzyme dissolves dead skin buildup that clogs pores — without any abrasive scrubbing that can spread bacteria or irritate inflamed skin. This keeps pores clear between your acid treatment evenings and helps your actives penetrate more effectively.



KEY RULES

FOR THOSE WHO ARE LOOKING FOR ACNE CONTROL



Key Rules for Acne - Prone Skin Routine

Don't over-exfoliate. Rotating your acids — Glycolic, AHA blend, and Retinol across the week — is far more effective and far less damaging than stacking them all in one night.

Don't skip moisturizer. Dehydrated skin overproduces oil to compensate — which makes acne worse, not better. The Microbiome Balancing Treatment and Sage & Citrus Moisturizer are specifically formulated to hydrate without feeding breakouts.

Don't skip SPF. Active exfoliation and retinol make skin photosensitive. Every dark spot and post-acne mark you're working so hard to fade will come right back if you skip sun protection. The Mineral Tinted SPF 30 is your best friend here — it protects and corrects simultaneously.

Pair the Rapid 7 Dark Spot Corrector with the Rapid 7 Glow Moisturizer for targeted post-acne mark treatment on evenings when you're not using a heavy exfoliant. This duo interrupts melanin production at multiple points and is one of the fastest ways to clear the aftermath of a breakout.

